November 2018 Volume 11, Issue 2



Illinois Guide By Your Side (GBYS)
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Illinois E.A.R.S

E.A.R.S = Events And Resources Statewide

A Place at the Table

The Hands & Voices Leadership Conference was hosted by our fellow Wyoming Hands & Voices chapter in beautiful Cheyenne. The conference was well attended with close to 300 chapter leaders, parents, deaf adults and professionals. The annual conference is a strong reminder of how our organization grows and meets the changing dynamic of parenting and supporting children who are Deaf and Hard of Hearing. Our chapter was represented by our chapter President, Andrea Marwah; Vice President Melissa Martin, Fundraising Committee Chair Andrea



Stambaugh and our Guide By You Side team member Christen Nolfi. The theme of this years conference was "A Place at the Table", which strengthens our organizations belief that everyone matters and has a place at the table. We must always include parents, professional and Deaf adults in all that we do. This event gives us time to pause and reflect on our chapter; where we've come from, what we believe in and what holds us together. The focus this year was the ever important belief in inclusion, the reminder that at the end of it all it's about the children and allowing families to make the choices that work for them. The conference reinforces our strength and belief that

(continued to page 3)



Illinois Hands & Voices (H&V)

Chairperson Contact: Andrea Marwah Phone: (877) 350-4556 Email:

ilhandsandvoices@gmail.com Web: www.ilhandsandvoices.org

Join in the Fun!

Rockin' Jump in Buffalo Grove was the site of one of our Fall FEO (Family Education & Outreach) events.

Seven families came together for a morning of jumping and fun! During the two hour event, kids got to jump on trampolines, fly into foam pits, and bounce on the giant air pillow. It was an active and sweaty morning!





Even the parents joined in on the fun. These events are a per-

fect time for families who have children with hearing loss to come together, talk and learn from each other. Be on the look out for our Winter FEO events. We hope you will join in on the fun!



MOMS NIGHT INN 2019

Sat. February 9th — Sun. February 10th Hyatt Regency Lisle, Illinois

Register today at: ilhandsandvoices.org/mni

Mom's Night Inn is an overnight retreat for moms or female caregivers who are raising children of ALL ages who are deaf or hard of hearing. It is an amazing way to meet and share experiences with other moms who share similar experiences. Woven into these moments are the connections you make- the experience of sharing your personal journey with another mom and hearing about their journey.

This Event Includes.

- Overnight Accommodations
- Dinner and breakfast
- Time to relax

Downtime to bond with others

networking

- Lots of sweet treats to eat
- Fanel discussion Sunday morning . Keynote speaker

Regardless of where you are on your journey, the choices you have made, or the choices you are exploring—there is the common bond of raising kids who are deaf or hard of hearing. It is a wonderful feeling to share our journeys together and our retreat makes this possible.





Fall Fun on the Farm

On September 23, 2018, Hands and Voices hosted a fun Family Day at Siegel's Cottonwood Farm in Lockport. Many kiddos from age 4 months to 20 years old, enjoyed spending the beautiful and sunny day with cousins, siblings, moms, dads, and other family members. There were free hayrides to the pumpkin patch field, two ziplines, a train, and even a giant slide. The younger kids had many playgrounds to choose from, a corny crib, petting barns full of animals and even a big jumping pillow. For those more daring, there was a haunted barn and a big corn maze to get lost in. Families were able to eat, shop, and get to know each other. Before the event was over, Hands and Voices bought every child a pumpkin to take home. Many friendships were made between the families.





What is CHOICES for Parents?

CHOICES for Parents is a statewide

coalition of parents and professionals connecting children with identified hearing loss and their families with resources, advocacy, information, services, and support. CHOICES for Parents is committed to providing unbiased information.

We offer ASL classes in spoken Spanish, READ Kits, Children & Hearing Loss Resource Notebooks and more!

What can we do for families?

CHOICES for Parents can refer families to resources and services such as:

- Developmental therapy
- Audiological services
- Sign language classes
- · Psychological/counseling services
- · Educational options
- · Cued Speech classes
- Religious services
- · Individual and group parent support
- · Child and Family Connections offices
- Medical services
- Insurance/public aid
- Assistive technology
- Home-based support
- Events in the Deaf Community
- · Division of Specialized Care for Children
- Events in the Latino Deaf Community
- Hearing aids
- Cochlear implants/implantable devices
- Speech therapy
- Auditory Verbal/Oral therapy
- Deaf mentors

312.523.6400 or 866.733.8729 info@choicesforparents.org *



Welcome to the Team

IL Hands & Voices, Guide By Your Side is happy to announce two new Parent Guides that have joined our team. Let us introduce to you Andrea Stambaugh and Jessica Quiros.

Andrea Stambaugh and her family live in Yorkville and have one son, Axel, who is two years old and the reason she became involved with Guide By Your



Andrea and her family



Side. She is a board member with IL Hands & Voices as well as very involved in many projects with the National CMV Foundation.

Jessica is married to a first responder and a mom of 2 amazing boys, Julian 9, and Nathan 5 (HOH). Jessica and her family live in Cook County.

Jessica





LEARN

Why join IL Hands & Voices?

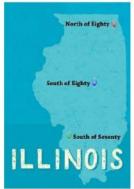
*Free or discounted entry to our Family Fun events *Quarterly "Communicator" newspaper *NEW Closed Facebook group exclusively for IL H&V Members

https://ilhandsandvoices.wordpress.com/membership/

V L

CONNECT

SHARE



FREE Conferences for Parents of Children who are Deaf and Hard of Hearing

And the professionals who work with their children

2019 ISD Outreach Statewide Parent Conferences

FOUR Locations to choose from:

- South of Seventy Marion Saturday, February 23rd, 8:30am –4:00pm
- North of Eighty Wheeling Saturday, March 9th, 8:30am 4:00pm
- South of Eighty Springfield Saturday, April 27th, 8:30am 4:00pm NEW North of Eighty CHICAGO – Chicago – Saturday, May 11th, 8:30 – 4:00pm

2019 Conference Topics:

- Transition After High School: What's Next?
- Accommodations and Modifications in the School Setting
- Siblings: All About Siblings
- Educating the WHOLE Child: A Parents Perspectives

General Conference Information you should know:

- No childcare is provided at this conference, we welcome your children age 15 or older to participate in the conference
- Reasonable ADA accommodation requests must be made at least 3 weeks prior to the event date.
- These conferences are parent safe, meaning the topic of amplification or communication choices is not discussed. All families, regardless of the choices they have made are encouraged to attend.
- Parents: Financial assistance may be available to help with travel, lodging and/or childcare costs. See page 2 for more information.
- Professionals: PD and El Credit available

Register today – CLICK HERE

Comments or Questions contact: desa.johnson@illinois.gov



Additional Conference Information:

Financial Assistance may be available to reimburse expenses for childcare, travel or overnight accommodations. Some options are:

- The ARC of Illinois Consumer Stipend Project provides funding for families of children with developmental disabilities. Application deadline is 30 days before the event. For more information: www.thearcofil.org or 815-464-1832.
- UIC Specialized Care for Children may have funds available. Contact your DSCC representative. For more information: http://dscc.uic.edu/.
- STARNET offers assistance to eligible families. Eligibility, application guidelines and amounts available vary by region. Application deadline is 15 days before the event. For more information about opportunities for financial assistance from STARNET and other sources:
 - North of 80 and South of 80 attendee contact:
 - Mary Smith at phone 217-602-0124 or email mk-smith@wiu.edu
 - South of 70 attendee contact:
 - Sheri Kraus at phone 618-825-3969 or email skraus@sccroe50.org

Conference Contributors:

- AG Bell Montessori School AEHI
- Illinois Service Resource Center
- Marion High School
- STARNET Region IV
- Chicago Park District
- ITAC

Conference Planning Committee:

- Parents of Children who are Deaf and Hard of Hearing
- Illinois Hands & Voices, Guide By Your Side
- Marion School for the Hearing Impaired
- Illinois School for the Deaf Outreach

Register today – CLICK HERE

Comments or Questions contact: desa.johnson@illinois.gov



Bruce Rauner, Governor Julee Nist, Superintendent This event will be presented in spoken Spanish only

presented in spoken Story Time!!!

IL Hands & Voices &
Guide By Your Side
Invite you for a day full
of stories, book exchange and a Christmas
celebration!!!



Join us and have some fun with all your family!!!

Lecture prepares your children for educational success!

When: December 1st, 2018

Time: 11:30 am to 1:30 pm

Where: Child's Voice 1846 W. Belmont Ave.

RSVVP: 773-728-9523 Available for 10 families

Il Hands & Voices and Guide By Your Side



Este proyecto es apoyado por la administración de recursos y servicios de salud (HRSA) del Departamento de salud y servicios humanos de los Estados Unidos (HHS) bajo la subVención # H61MC04498; "Detección e intervención de la audición del recién nacido universal", en la cantidad de \$250.000. Esta información o contenido y conclusiones son las del autor y no deben ser interpretadas como la posición o política oficial de, ni deben ser inferidos por IIRSA, HHS o el gobierno de los Estados Unidos.



ASLCLASSES ON A SOLD ON A

WEDNESDAY EVENINGS

6:30 - 8:00 RM

John Powers Center 201 Hawthorn Pkwy Vernon Hills, IL 60061 THREE 8 WEEK SESSIONS START:
SEPTEMBER 5, 2018

JANUARY 23, 2019

APRIL 3, 2019

ASL CLASS INFORMATION

of ASL classes will be offered at two skill levels:
ASL Level 1 and ASL Level
2. If you are interested in joining a class, there is no need to preregister.
Registration will be held from 6:00 - 6:30 pm on the first night of class. For inquiries, please call 1-847-680-8320 or email astockwell@sedol.us.









Sign Class Fee:

\$50.00 per 8-week session

Payment Options:

Cash or Check







Pre-Conference Information:

- Location Chicago Marriott, Naperville
- Registration 8:30 am 9:00 am
- Conference 9:00 am 4:00 pm
- EHDI Day Luncheon (information coming soon) 12:30 pm 2:00 pm

2019 Pre-Conference Topics:

- · Frequency, Intensity, Duration, OH MY!
- Finding the Golden Ticket Strategy Sharing Session
- · Going for Team Gold: Collaborative IFSP Teams

Conference Contributors:

- · CHOICES for Parents
- · Illinois Hands & Voices Guide By Your Side
- · Illinois School for the Deaf Outreach
- · Illinois Service Resource Center
- · Illinois State University
- · Statewide Early Intervention Providers

Registration is 1 click away: ⇒ https://goo.gl/forms/PcRQJgMm6jU3mJep2

El credit for participants attending the entire day



CONNECTIONS

Name of IDC Wagon Officer, IDC Member, or IDC Facebook Page

Thank you for filling out this form. We are looking forward to seeing you there.

Mentors & Families Working Together

Referred by:

How It Works

Parents submit an application to be a part of the CP. The CP coordinator works directly with the family to arrange mentor services. Mentors then visit families, typically two hours per week, in their homes where their child is most comfortable and eager to learn. They are selected to represent the CP for the ease of their communication style with family members and for their comfortable approach with children.

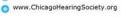


Michelle Mendiola CHS Youth Program Manager

Phone: 773-904-0155

Fax: 773-409-1544

E-mail: MMendiola@anixter.org





This newsletter was produced by Illinois Hands & Voices, Guide By Your Side in collaboration with:

Illinois Early Hearing Detection and Intervention Program
Illinoissoundbeginnings.org
UIC ATCHICAGO
Specialized Care for Children

(Continued from page 1)

"What works for your family is what makes the choice right". Next years conference will be held in Washington D.C., it will also mark Illinois' 15th year as a chapter, what an amazing journey it has been and will continue to be. If you ever have the chance to visit beautiful Wyoming, you can't miss the chance to hand feed bison, it was an experience our chapter representatives will always remember.

A Love of Skating

Tessa Brannigan, 11 years old, has been figure skating since she was 5 years old and began competing 3 years ago. She loves skating, but hearing the music coming from speakers located high in the ceiling can be very challenging, especially during competitions. Despite this, Tessa has nev-



er let it stop her from participating in the sport that she loves. Earlier this year, Tessa won an essay contest given by the United States Figure Skating Association (USFSA), where her article was published in their monthly magazine, and she was awarded a scholarship.

USFSA Announcement:

Tessa, was recently awarded one of four scholarships through the U.S. Figure Skating Association's RISE Essay Contest. The contest provides an opportunity for younger skaters to connect with the history of U.S. Figure Skating and receive financial assistance.

Each applicant watched RISE, a movie about the tragic plane crash of the 1961 World Team, and wrote an essay about the impact the movie had on them. Tessa was among many applicants, and was only one of four youth selected to win a monetary scholarship.



Kindness Patrol Launched At Child's Voice

Child's Voice has announced a new sheriff in town... the Kindness Patrol! This year has been a celebration of being a good neighbor and the importance of kindness. Students are acting as Kindness Patrol officers, encouraging and recognizing one another when they find them doing kind acts toward one another.

"Our inspiration this year has been Mr. Rogers. He always focused on kindness and making everyone feel special, just the way they are," shared Dr. Michele Wilkins (Naperville), Executive Director at Child's Voice. "Our programs work on providing educational services, but a very important piece of teaching a child is working with them on developing their empathy and kindness toward one another. We are so excited to work with our students to recognize and celebrate them and their kind hearts!"

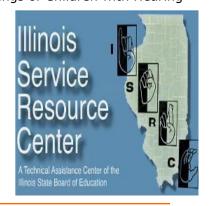
Parents have expressed excitement about the focused intent on skill-building for kindness. "I really appreciate that Child's Voice is working on kindness as a school wide effort," shared Alix Strunk (Oak Park), a current Child's Voice parent. "I think kindness is crucial for our society, and it is clearly something that needs a lot of reinforcement and advocacy."



FREE Online Parent University

The Illinois Service Resource Center offers a FREE online Parent University at http://www.isrc.us/isrc-parentuniversity that includes a variety of modules. Topics include Self-Advocacy 101, Siblings of Children with Hearing

Loss, Cultivating Deaf Identities, Transition Planning, Just for Dads, and more. Modules include a video or PowerPoint presentation and a brief quiz. Parents who complete modules will receive a certificate of completion, and those who complete multiple modules will be eligible for books, DVDs, and other items.



Enjoy The Moy

Not too long after Lincoln's bilateral implants were activated, he uttered the most magical word: "Mama!" That moment was heartbreaking and breathtaking at the same time. All those months of front-loading language were paying off. He had been signing "mama" for months, but hearing him say "Mama" was the ultimate goal with listening and spoken language...and yet...it was only a word, so the bar was raised. It was the word that I have been wanting to hear since I found out I was pregnant and here it was. Such a bittersweet moment because my dream had come true and still I was hoping for more words.

As the parent of a deaf child who has chosen listening and spoken language for our primary mode of communication, I notice my increasing obsession with excellent articulation, to my poor guy's chagrin. Though, I can only fault myself so much as I notice it is a trend among listening and spoken language DHH parents. I so rarely allow my son to have those adorable incorrect words that hearing children are often allowed. And why? Do I fear that his language will not progress though he is

flourishing in communication every day? I muse that not only am I putting too much pressure on him to catch up, but that I'm stealing his babyhood in the process.

When Lincoln was younger, he would say "moy" when we he wanted more of something and we would chuckle and say: "More. Say more, please. Again. More. Good." And yes, "moy" has disappeared from his language and still that has not been enough for me to relax. As soon as he made progress, I moved to another language goal without really celebrating the victory of "more" versus "moy," but instead obsessed over another articulation error that will inevitably resolve itself.

My hearing cousin would say "houdies and hockeys" for shoes and socks when she was very young and her family found that very funny. So funny, in fact, that they say it to this day. It has become a family joke, which is so common in most families. My hearing cousin is now 40 years old and no longer says "houdies and hockeys" for shoes and socks, to my knowledge anyway, but the adorable story continues to be told. Similarly, will we laugh about Lincoln saying "draundry" when he talks about washing clothes many years from now? I would like to say yes, but we have set such high expectations for his language at such a young age that it may be hard to take a step back and appreciate the attempt instead of dwelling on the imperfect articulation.

It may seem like such an insignificant experience to correct his articulation especially since he will barely remember it, but I think it may be a more global issue that I am asking Lincoln to work even harder than he already is working for my immediate benefit.

He will often say to me: "Can I have a hoey Mommy?" when he would like a hug. Soon enough, his "g" will become more pronounced and he will no longer ask for a "hoey," but a hug and hopefully that will remind me that he is just a little boy, who is trying so hard to communicate and that I should cherish these mistakes and stop looking for the next language goal and just embrace the "hoey." Written by: Madeleine Daley, IL Hands & Voices Board Member



Do you or your child have something to share? A new adventure or an accomplishment? They can be a part of our next newsletter! Stories can be submitted to ilhvgbys@gmail.com

Student Conference Provides Opportunities

High school students who are deaf and hard of hearing from districts in the Northern areas of the state convened on October 19 at Harper Community College for the Search Empower Experience Deaf (SEED) Conference. The conference was sponsored by Illinois Service Resource Center along with Gallaudet University. Presenters included Tony of Tatum of Gallaudet University (Deaf), Barbara Pacourek and Michelle Mendiola (Search), a student panel (Experience), and Jason Altman (Empower). Students participated in activities and group discussions with students from other schools and each received a t-shirt with the SEED logo. The logo was designed by a student from Hinsdale South High School. Time for reflection and evaluation were provided to support student processing and retention of information learned at the conference. Sample comments from student evaluations include: "Self-empowerment means advocating and asking for what you need. It also could mean standing up for yourself." and "It's my right to tell my teachers that I need some help."



HELP MAKE **HEALTH CARE** BETTER FOR **WOMEN WHO ARE** DEAF OR HARD OF HEARING (DHH)

If you are a Deaf or Hard of Hearing (DHH) woman who has given birth in the last 5 years, we want to talk to you!

Sometimes people who are DHH aren't treated the same as other people at the doctor, especially if they are pregnant. We want to make health care better for these women. We need help from mothers who are DHH.

Who Is Elliable?

- · You must be 21 years or older
- · We will ask you questions about what it was like when you were pregnant and had your baby.

It takes about 60-90 minutes to be interviewed. You would get \$50 as a thank you. Remember, it's ALWAYS your choice to be involved in research. You don't have to do it.

Want to share your story? Want to learn more? Contact Karen Aguilar: (773) 248-9121 x307 VP:(773) 904-0100 KAguilar@anixter.org

Looking for a great way to help IL Hands & Voices?

No time to run to the store for cards?

No time to do a scrapbook of your kids?

Looking for a unique iPhone cover?

Illinois Hands & Voices has a solution: SendOutCards! Not only do we use this service for our non-profit organization, we are offering it to our members and families. For every subscription, IL Hands & Voices receives a percentage.

With SendOutCards, you can create customized greeting cards that can also include gift cards, books and gifts as well. The company prints and sends out the cards through US mail. You can upload your handwriting font and signature

SendOutCards can also help you create:

- Custom photo mugs
- iPhone and iPad covers
- Metal prints

Canvas prints

- Scrap book and photo books
- Postcards

Posters

• And much, much more



www.sendoutcards.com/illinoishandsandvoices

Self-Advocacy Podcast

During a recent episode of All Ears at Child's Voice: A Hearing Loss Podcast, Tatum and Jessica interviewed fellow colleague and Teacher of the Deaf, Anna Tess, and parent of a child with hearing loss and former colleague, Lucy Espinoza, to gain their

unique perspective on the importance of teaching selfadvocacy skills to children with hearing loss.

Anna wears bilateral cochlear implants and Lucy's son, Frankie, wears bilat-



eral hearing aids and attended Child's Voice's Early Intervention, preschool, and primary programs over the course of five years before transitioning into a public school program.

This podcast takes a closer look into why self-

(Continued on page 23)

Illinois Hands & Voices and Guide By Your Side participate in various fundraisers to support and enhance these organi

-zations. If you are interested in making a tax deductible donation contact Andrea Marwah at (877) 350-4556 or email her at ilhansandvoies@gmail.com.

Collaboration with Beit Micha in Israel

Child's Voice and Beit Micha announced a collaboration to improve their programs serving children with hearing loss. Child's Voice, with locations in Wood Dale and Chicago, helps children with hearing loss learn to listen and speak. Students wear hearing aids and/or cochlear implants and programs use a child-focused, research-based curriculum, all with the end goal of transitioning graduates back to their local, neighborhood schools. Beit Micha is located in Tel Aviv, Israel. It is a multidisciplinary center, which meets the therapeutic and educational needs of children with hearing loss from birth through first grade. Collaborative efforts will take place both in Wood Dale, Ill. and Chicago, III. as well as in Tel Aviv, Israel. Child's Voice will provide support and assistance as Beit Micha works to develop a robust outcome measures process to highlight the success of their programs, as Child's Voice has done in recent years.



BUILDING SUCCESS ONE STEP AT A TIME Hearing - Language - Literacy



http://heartolearn.org

This user friendly learning resource is for parents and professionals to support spoken language learning for young children who are deaf or hard of hearing.

This website includes:

- Video tutorials
- · Downloadable intervention materials
- · Current research
- Communities

The website will continue to offer new learning resources, materials, and research - visit often!







SPECIALIZED CARE FOR CHILDREN

How WE HELP

The University of Illinois at Chicago - Division of Specialized Care for Children offers free care coordination for families of children with special health care needs in Illinois.

Care Coordinators tailor services to each family's needs. Our support may include:

- assistance accessing free diagnostic testing;
- finding specialized medical care;
- help utilizing insurance;
- finding resources and information;



- communicating with doctors, specialists, and schools; and
- preparing for transition.

Free care coordination is available if your child has, or is suspected of having, a treatable chronic condition in one of the following categories:

- Cardiac Impairments
- Cystic Fibrosis
- Eye Impairments (Cataract, Glaucoma, Strabismus)
- External Body Impairments (Cleft Lip and Palate, Craniofacial Anomalies)
- Mearing Impairments
- Memophilia
- Inborn Errors of Metabolism (Phenylketonuria [PKU])
- Nervous System Impairments (Seizures, Nerve, Brain, Spinal Cord)
- Orthopedic Impairments
- Speech Impairments (Dysarthria, Vocal Cord Paralysis)
- Urinary System Impairments

You may also qualify for financial assistance for the health care needs of your child.

Call us at (800) 322-3722 to see if we can help.

We work as quickly as we can to determine if and how we can help.

See Other Side for More Information

05.39 (Rev. 06/16) The University of Illinois at Chicago



SPECIALIZED CARE FOR CHILDREN

WHO WE ARE

Since 1937, we've been helping families of children with special health care needs in Illinois.

Today, thousands of families throughout Illinois receive some form of help from the University of Illinois at Chicago - Division of Specialized Care for Children each year. Services are coordinated by a network of professional staff, working out of regional offices across the state. We consistently draw on the relationships and knowledge we've built over the decades.



Care Coordination Teams

Staff work in care coordination teams throughout the state to help families in their community. Teams are formed based on each family's needs and may include:

- Nurses
- Social Workers
- Audiologists
- Speech-Language Pathologists

Physicians/Providers

It can be hard to find a provider who's an expert in specific health issues, who also has openings, is close to home, and works within a family's insurance coverage.

We've spent more than 75 years building relationships with the best doctors and providers for children with special needs. Not only do we fully understand the different conditions that require specialized care, we've worked first-hand with an impressive pool of specialists in and around Illinois.

Visit our website to learn more: dscc.uic.edu





05.39 (Rev. 06/16) The University of Illinois at Chicago

${\displaystyle \mathop{acs}_{\text{Is the alternative}}}$

Experience our Services

Communication Access Realtime Translation (CART)

Remote CART Services

Realtime Captioning

Text Interpreting (TypeWell & C-Print)

Sign Language

Experience our Differences

Experience

Consistent Quality

Competitive Rates

Personalized Support

Client Respect

Employee Respect

Redundancy



Alternative Communication Services, LLC

P.O. Box 278 Lombard, Illinois 60148 800-335-0911 info@acscaptions.com www.acscaptions.com

Sound Experience

A Social Experience for Families of Children with Hearing Loss

Sound Experience is a support group for parents and families of children with hearing loss that meets at the Lurie Children's Outpatient Center in Westchester. The group's mission is:

- Provide an opportunity for parents of children with hearing loss to meet one another and share their experiences
- Provide a network of parents who are going through/have gone through similar situations
- Allow children with hearing loss and their siblings to meet other children who have hearing loss
- Provide an opportunity for parents and professionals to share information and resources.
 - **Location:** Lurie Children's Outpatient Center in Westchester (2301 Enterprise Drive in Westchester, Illinois)
 - Dates: October 27th, November 17th, January 26th and April 27th
 - **Please R.S.V.P.** to Cara Donahue at <u>cdonahue@luriechildrens.org</u> or call 312-227-3061 and let us know how many children and how many adults will be attending.

Sound Experience provides an opportunity to network with other parents of children with hearing loss. Children are encouraged to come so that they can meet other children with hearing loss and their siblings. Crafts and snacks will be provided.



Research Opportunity for Children with Hearing Loss

WHO: Children between 9 months and 12 years of age who use hearing aids or cochlear implants

WHY: The Hearing and Language Lab at Northwestern University is studying how children with hearing loss listen and learn in their everyday environments.

WHAT: During the study, children will play games that test their language and listening skills. Parents will recieve monetary compensation for travel and participation (\$10/hour). Children will recieve a book and a small prize.

For more information, please contact the Hearing and Language Lab at:

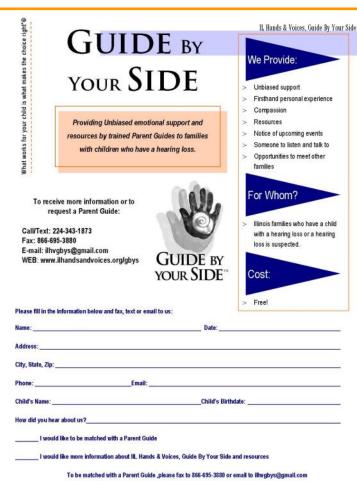
EMAIL: hll@northwestern.edu **PHONE:** 847-467-4156

PI: Tina Grieco-Calub, Communication Sciences and Disorders, Northwestern University

IRB# STU00070688









Technology Advances Learning

Child's Voice has added SMART Board technology to five of its classrooms through the help of community supporters. The Program continues to seek support for its SMART Board Project to install this exciting technology into each classroom.

A SMART Board is an interactive whiteboard that functions as a touch screen, allowing students and teachers to manipulate and move images, words, or graphics on the screen with the touch of a hand. It also allows for projection of video or audio files. Teachers are able to take typical lessons and creative interactive, unique experiences.

"This incredible technology is already in place in many school districts, by introducing it to our students, we are able to better prepare them for their transition back to their local schools," shared Wendy Adler, Principal of the School Program at Child's Voice.

Through generous support, Child's Voice has installed five SMART Boards. The effort continues to raise over \$16,000 to finish the project and install the last four Boards. If you are interested in donating to this, please visit: www.childsvoice.org for more information.

Do you have a child who is deaf or hard of hearing age 36 months or younger?



You are eligible to get a **free** online class to learn American Sign Language!



To apply, visit www.infanthearing.org/signit



CHOICES for Parents



Animals Kit:

Brown Bear, Brown Bear,

What Do You See?

First 100 Animals

READ Kits



Bedtime Kit:

Good Night Moon

Bedtime



Peek a Boo Kit:

Peek-a-Who?

Peek-a-Zoo!



My Body Kit:
From Head to Toe
Head, Shoulders, Knees,
and Toes



Doctor Kit:

<u>First Time Doctor</u>

<u>If I Were a Doctor</u>



Food Kit:

<u>Mealtime</u>

<u>Eating the Rainbow</u>



Spot the Dog Kit:

Where's Spot?

Spot Goes to the Park



Transportation Kit:

My First Things that Go

DK Things that Go

Interested in borrowing a READ Kit? Go to www.CHOICESforParents.org/literacy for a check out form!

amazon.com

- Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to Illinios Families For Hands & Voices whenever you shop on AmazonSmile.
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Save the Dates:

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- Annual EHDI Meeting....Page 3
- Statewide Conferences...Pg 5-6
- Latino Event...Page 7
- ITDHH Conference...Page 9
- Sound Experience...Page 17







Invitation to participate in a research study for caregivers of infants and toddlers with hearing loss!

We are interested in how caregivers' beliefs, knowledge, confidence, and actions are related to their children's language skills and use of hearing devices.

- Who are we looking for? Parents or guardians who have a child that meets all of the following criteria:
 - · 36 months of age or younger
 - · Uses at least one hearing aid or cochlear implant
 - · Uses or will use spoken English as their primary language
 - Does not have special needs other than hearing loss that are likely to affect his/her ability to learn language
- What does the study involve? You will be asked to complete an online questionnaire to
 provide information about you and your child. The questionnaire will take approximately 30
 minutes to complete. You will be asked to upload or e-mail us a copy of your
 child's audiogram or ABR report.
- What else? You will receive a \$15 Target gift card after you complete the online questionnaire and we receive the audiogram or ABR report.
- How do I start the survey or learn more? You can access the survey at https://is.gd/CDLab
 To learn more, e-mail questions to the Communication Development Lab at
 CDLab@boystown.org. You can also contact Dr. Sophie Ambrose, the scientist leading this
 project, at Sophie.Ambrose@boystown.org.

CHICAGO PARK DISTRICT

Breakfast with Mr. & Mrs. Deaf Santa Claus



Open to all children who have all types of hearing loss with their hearing siblings and families and hearing children of Deaf or Hard of Hearing parents.

For more information about Breakfast with Santa please contact Sarah B. Faber or Tim Owens sarah.faber@chicagoparkdistrict.com timothy.owens@chicagoparkdistric









CHICAGO PARK DISTRICT

FOR CHILDREN WITH ALL TYPES OF HEARING LOSS AGES 2.5-5 YEAR OLDS

> Horner Park 2741 W. Montrose Avenue

Saturday, December 1st 10:00am - 11:30am

Learn Legal Tools and Strategies to Help Get the Most out of Your Child's IEP!

GUESS SPEAKER

Jackie Ross, Attorney, MST in Teaching Children with Disabilities

Jackie Ross, an attorney from Equip for Equality, will conduct a Know Your Rights Training tailored to parents with children who are deaf/hard of hearing. The training will focus on supporting a child's transition from Early Intervention to having an Individualized Education Program ("IEP") in early elementary years and beyond. Come learn the legal phrases and strategies you can use to help school be a positive place for your youngster!

> Parents and children (infant to 5 years of age) are welcome FUN activities & games will be provided for small children

For more information about Play School please contact Sarah B. Faber or Tim Owens sarah.faber@chicagoparkdistrict.com timothy.owens@chicagoparkdistrict.com



City of Chicago, Rahm Emanuel, Mayor Chicago Park District Board of Commissioners Chicago Park District, Michael Kelly, General Superinte For more information about your Chicago Park District, t our website at www.chicagoparkdistrict. rall (312) 742-PLAY; (312) 747-2001 (TTY).







Stay Connected. @chicagoparks

CHICAGO PARK DISTRIC

Deaf & Hard of Hearing Teen Holiday Party

Sauganash Park

5861 N. Kostner Ave. Chicago, IL 60646

December 14th 💸 4pm - 9pm

8th Grade - High School

Free Admission

Dodgeball **Basketball** Food & Drinks Deaf D.J Square-in-the-Air

For more information about the Holiday Party, please contact: Timothy Owens, SR Coordinator for Deaf & Hard of Hearing 312.339.4806 or timothy.owens@chicagoparkdistrict.com

Sarah B. Faber, Program Specialist for Deaf & Hard of Hearing 773.796.3525 Direct VP/Voice; 312.399.9574 (text) or sarah.faber@chicagoparkdistrict.com











Raising Awareness

In September two of IL Hands & Voices board members-traveled to Burlington Vermont to attend the 2018 CMV Public Health and Policy Conference. At the conference there was amazing plenary speakers and excellent sessions on CMV study outcomes, CMV legislation, and new research. There was also many opportunities to meet with other people in your state or region who are dedicated to CMV education and awareness as well as opportunities to make national or international connections. The conference was a great way to learn how to become more involved in awareness, legislation, and education for CMV Awareness.

Guide By Your Side is the result of a collaborative effort between the following: IL Hands & Voices and the IL Early Hearing Detection



Andrea S, Axel and Andrea M at the National CMV conference

Andrea Marwah, the president of IL H&V, presented a preliminary session on IDEA and Advocacy. Andrea Stambaugh, a board member for IL H&V presented on raising awareness through existing communities and platforms. CMV is a common virus that causes cold like symptoms and is harmless to the general population. However, contracting the CMV virus while pregnant can causes severe disease to the baby. One out of three pregnant women become infected with CMV will pass the virus onto their unborn baby. Seventy-five percent of babies who are born with symptomatic congenital CMV will have a hearing loss. IL Hands & Voices is dedicated in serving CMV families whose children have a hearing loss and may be dealing with other disabilities as well and attending this conference was a great way to learn how to serve these families better.

Surviving Holiday Listening Fatigue

When I think about the holidays, I think about sitting around the table eating delicious food and talking. Loudly! In addition to the talking, there may be TV, music and animals in the background. This is a recipe for noise disaster. The trouble is that many of us forget how much language is missed by Deaf and Hard of Hearing Children, who are struggling to hear the conversation. Many families talk simultaneously or have multiple conversations at once with background noise. This can be burdensome to those unfamiliar with this type of dynamic, which is a good description for a child working hard to listen: difficult.

So, what can be done? Start by acknowledging that it may be a difficult visit with so many family members in one place. A little understanding that the child may need a listening break or some downtime or alternative activity based upon circumstances. Maybe offering a quiet place for the child to sit with an activity that is not exhausting for a time before returning to the group. For younger children, offering an additional nap could help.

With the upcoming holiday, new or infrequently used words may make their way into conversations. How often is the word "baste" used outside of Thanksgiving or "garland" outside of Christmas? Practicing holiday words can help D/HOH children become familiar with conversations that could occur over the upcoming weeks. Often when we do not know a word, we can zone out, focus intently on the word then missing the rest of the conversation, which is especially crucial for our children. Families can make a list of words that are age appropriate and holiday related to practice in conversation before the upcoming days.

The holiday season can be stressful for all families, a little planning ahead of time can make the parties, dinners and family visits more enjoyable for everyone.

(Continued from page 12)

advocacy matters so much for our children (and future adults) with hearing loss.

Anna shares her own experience practicing these important skills and learning to advocate for herself over the course of her life, through her elementary, high school, and college education and into her professional career.

Lucy shares how she, with the help of Frankie's teachers and audiologist's, is working on teaching self-advocacy skills to her son. And Anna shares how she works on these skills in the classroom with her young preschool and elementary-age students at Child's Voice.

Hear and read along the full podcast by visiting https:// childsvoice.org/a-hearing-losspodcast-episode-5-notes/

You can also follow along with a transcript at the bottom of the page.

Illinois Hands & Voices, Guide By Your Side does not support or endorse any specific organization, communication or amplification choice.

The information in this newsletter is to simply share with families and professionals the resources and events available to them.